

**Academie Lafayette MS Cross Country
Pre-Race Chant**

*In this race
We ask for a chance that's fair
A chance to push the pace
A chance to do or dare
If we should win
Let it be by code
Respect and honor held high
If we should lose
We'll stand tall
And cheer as the winners go by
Day by day
We get better
Together
Til' we can't be beat
Won't be beat!!*

*-Main theme co-opted from NE Husker Football and brilliantly
modified for our purposes.*