

Académie Lafayette Breakfast October 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Fruit Juice Milk 3	French Toast Sticks Sausage Juice Milk 4	Muffin Fruit Juice Milk 5	Scrambled Eggs Sausage English Muffin Juice Milk 6	Poptarts Fruit Juice Milk 7
Nutrigrain Bar Fruit Juice Milk 10	Pancakes Sausage Fruit Juice Milk 11	English Muffin w/butter Fruit Juice Milk 12	Sausage Egg Cheese English Muffin Fruit Juice Milk 13	Cereal Fruit Juice Milk 14
Yogurt Fruit Juice Milk 17	Waffles Fruit Juice Milk 18	Muffin Fruit Juice Milk 19	Sausage Biscuit Fruit Juice Milk 20	NO SCHOOL 21
Cereal Fruit Juice Milk 24	French Toast Bites Sausage Fruit Juice Milk 25	Muffin Fruit Juice Milk 26	NO SCHOOL 27	NO SCHOOL 28
Nutrigrain Bar Fruit Juice Milk 31				

This institution is an equal opportunity provider

Milk offered in 2 varieties at each meal service

Académie Lafayette Lunch October 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3 Sloppy Joe WG Bun Diced Carrots Chips Fruit Milk	4 Meatloaf Mashed Potatoes Fruit Milk	5 Chicken patty w/gravy Roll Baked Beans Fruit Milk	6 Meatball Grinder California blend Fruit Milk	7 Roast Beef Sandwich Broccoli Salad Fruit Milk
10 Beef Chili Corn- 3/4c S Frito Chips Fruit Milk	11 Beef Burrito w/salsa Refried Beans Spanish Rice Fruit Milk	12 Chicken Fried Rice Green Beans Fruit Milk	13 Italian Chicken Pasta Salad Broccoli Fruit Milk	14 Chicken Salad Croissant Carrots w/Ranch Fruit Milk
17 Cheeseburger Casserole Green Beans Chips Fruit Milk	18 Beef Tacos X 2 w/salsa Refried Beans Fruit Milk	19 Chicken Patty Mashed Potatoes Corn Fruit Milk	20 Chicken Alfredo w/WG pasta Cherry Tomatoes Roll Fruit Milk	21 NO SCHOOL
24 Corn Dogs Green Beans Fruit Milk	25 Enchilada Rice Tortilla Chips Pinto Beans Fruit Milk	26 BBQ Chicken on Bun Side Salad w/tomatoes Fruit Milk	27 NO SCHOOL	28 NO SCHOOL
31 Hotdogs Baked Beans Sun chips Fruit Milk				

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