

# Académie Lafayette Breakfast January 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School	3 No School	4 Breakfast pizza Fruit Juice Milk	5 Sausage English Muffin Fruit Juice Milk	6 Plain Donut Fruit Juice Milk
9 Pop Tarts Fruit Juice Milk	10 Cinni Mini Fruit Juice Milk	11 Pancakes Sausage Fruit Juice Milk	12 Bagel w/ cream cheese Fruit Juice Milk	13 Muffin Fruit Juice Milk
16 No School	17 French toast sticks Sausage Fruit Juice Milk	18 Breakfast pizza Fruit Juice Milk	19 Sausage English Muffin Fruit Juice Milk	20 Pop Tarts Fruit Juice Milk
23 Plain Donut Fruit Juice Milk	24 Pancakes Sausage Fruit Juice Milk	25 Biscuit Sausage Gravy Fruit Juice Milk	26 Sausage, Cheese English Muffin Fruit Juice Milk	27 Muffin Fruit Juice Milk
30 Bagel w/cream cheese Fruit Juice Milk	31 Waffles Fruit Juice Milk	1 Breakfast Burrito Fruit Juice Milk	2 Sausage Biscuit Fruit Juice Milk	3 Plain Donut Fruit Juice Milk

This institution is an equal opportunity provider

\*Milk offered in 2 varieties at each meal service\*

# Académie Lafayette Lunch January 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School	3 No School	4 Pretzel w/Cheese Dip Peas Fruit Milk	5 Meatball Grinder California blend Fruit Milk	6 Roast Beef Hot Sub Broccoli Salad Fruit Milk
9 Beef Chili Frito Chips Diced Carrots Fruit Milk	10 Beef Burrito w/Salsa Refried Beans Spanish Rice Fruit Milk	11 Orange Chicken w/Rice  Green Beans Fruit Milk	12 Lasagna Roll Up w/Marinara Broccoli Fruit Milk	13 Breakfast Casserole English Muffin Vegetable Juice Fruit Milk
16 No School	17 Cheesy Broccoli Rice Casserole Fruit Milk	18 Chicken Patty Mashed Potatoes Fruit Milk	19 Beef Shepard's Pie Roll Cherry Tomatoes w/ranch Fruit Milk	20 Tacos x2 w/Salsa Black Beans Fruit Milk
23 Hot Dogs Green Beans Fruit Milk	24 Enchilada Rice Tortilla Chips Pinto Beans Fruit Milk	25 BBQ Chicken on Bun Roasted Sweet Potatoes Fruit Milk	26 Chicken and Waffles Roasted Potatoes Fruit Milk	27 Turkey Cheddar Melt Side Salad w/tomatoes Fruit Milk
30 Chilidogs Baked Beans Sun chips Fruit Milk	31 Burgers on WG Bun Roasted Potatoes Fruit Milk	1 Mac n Cheese Peas Fruit Milk	2 Sweet and Sour Chicken over Rice Broccoli Fruit Milk	3 Bosco Stick Tomato soup Chips Fruit Milk

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