

# Académie Lafayette

## September 2023 Hot Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cinnastick Fruit Juice Milk
4 <b>NO SCHOOL</b>	5 French Toast Sticks Fruit Juice Milk	6 Biscuits with Gravy Fruit Juice Milk	7 Scrambled Eggs w/Sausage Patty English Muffin Fruit Juice Milk	8 Donut Yogurt Fruit Juice Milk
11 Muffin/Poptart Seed n Raisin Pack Juice Milk	12 Pancake Stacker Egg Patty Fruit Juice Milk	13 Sausage Biscuit Fruit Juice Milk	14 Egg n Cheese Croissant Fruit Juice Milk	15 Muffin Top/Cereal Cheese Stick Fruit Juice Milk
18 Honey Bun Yogurt Fruit Juice Milk	19 Biscuit with Sausage Gravy Fruit Juice Milk	20 Breakfast Burrito w/Salsa Fruit Juice Milk	21 Waffle with Syrup Fruit Juice Milk	22 Cereal/Muffin Yogurt Fruit Juice Milk
25 NO SCHOOL	26 Pancakes Sizzling Sausage Link Fruit Juice Milk	27 Breakfast Bar Cheese Stick Fruit Juice Milk	28 Sausage & Cheese Biscuit Fruit Juice Milk	29 Cinnastick Fruit Juice Milk

Two varieties of milk served at each meal service

This institution is an equal opportunity provided

# Académie Lafayette K-5

## September 2023 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Soft Pretzel w/Cheese Dip Perfect Chicken Pasta Salad Southern Style Collards Fruit Milk
4  <b>NO SCHOOL</b>	5 El Guapo Taco w/Salsa Zesty Black Beans Fruit Milk	6 Crispy Chicken Strips Cheese Stick House Party Potatoes Fruit Milk	7 Tuscan Chicken w/Creamy Sauce over Pasta topped w/Toasted Breadcrumbs Richs WG Roll Green Beans Fruit Milk	8 Poppin' Chicken Fried Rice Sweet Teriyaki Broccoli Fruit Milk
11 Warm Cheese Bites w/Marinara Parmesan Chicken Bites Crunchy Carrots w/Ranch Fruit Milk	12 Westport Flea Market Burger on a WG Bun BBQ Baked Beans Fruit Milk	13 BBQ Chicken on WG Bun Creamy Mac n Cheese Punchin' Peas Fruit Milk	14 Mt. Smokey Meatballs over WG Pasta Garlic Breadstick Italian Cali Blend Fruit Milk	15 Local KC Pizza Crunchy Chips Side Salad w/Cucumbers Fruit Milk
18 Lip-Smackin' Chicken Patty on a WG Bun Mashed Sweet Potatoes Fruit Milk	19 Tasty Burrito w/Picante Sauce Tostito Chips w/Salsa Bad Bandit Beans Fruit Milk	20 Joe's Famous Bowl (Chicken, Cheese, & Corn w/Gravy Mashed Taters) Roll Fruit Milk	21 Mighty Meatball Grinder Topped w/Cheese Garlicky Green Beans Fruit Milk	22 Westport Flea Market Beef Slider Sunchips Sweet Broccoli Salad Fruit Milk
25  <b>NO SCHOOL</b>	26 Loaded Beef Nachos w/Salsa Protein Packed Refried Beans Fruit Milk	27 Kickin' Chicken Nuggets Cheezits Parmesan Corn Fruit Milk	28 Lasagna Roll Up w/Homemade Meat Sauce Garlic Breadstick Italian Style Summer Squash Fruit Milk	29 Local KC Pizza Crunchy Chips Seasoned Collards Fruit Milk

Two varieties of milk served at each meal service

This institution is an equal opportunity provider

# Académie Lafayette Armour

## September 2023 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Soft Pretzel w/Cheese Dip Perfect Chicken Pasta Salad Southern Style Collards Fruit Milk
4  <b>NO SCHOOL</b>	5 El Guapo Taco w/Salsa Mexi Rice Zesty Black Beans Fruit Milk	6 Crispy Chicken Strips Cheese Stick House Party Potatoes Fruit Milk	7 Tuscan Chicken w/Creamy Sauce over Pasta topped w/Toasted Breadcrumbs Richs WG Roll Green Beans Fruit Milk	8 Poppin' Chicken Fried Rice Sweet Teriyaki Broccoli Scooby Grahams Fruit Milk
11 Warm Cheese Bites w/Marinara Parmesan Chicken Bites Crunchy Carrots w/Ranch Fruit Milk	12 Westport Flea Market Burger on a WG Bun BBQ Baked Beans Fruit Milk	13 BBQ Chicken on WG Bun Creamy Mac n Cheese Punchin' Peas Fruit Milk	14 Mt. Smokey Meatballs over WG Pasta Garlic Breadstick Italian Cali Blend Fruit Milk	15 Local KC Pizza Crunchy Chips Broccoli Salad Fruit Milk
18 Lip-Smackin' Chicken Patty on a WG Bun Mashed Sweet Potatoes Fruit Milk	19 Tasty Burrito w/Picante Sauce Tostito Chips w/Salsa Bad Bandit Beans Fruit Milk	20 Joe's Famous Bowl (Chicken, Cheese, & Corn w/Gravy Mashed Taters) Roll Fruit Milk	21 Mighty Meatball Grinder Topped w/Cheese Garlicky Green Beans Fruit Milk	22 Westport Flea Market Beef Slider Sunchips Sweet Broccoli Salad Fruit Milk
25  <b>NO SCHOOL</b>	26 Build Your Own Beef Nachos w/Salsa Protein Packed Refried Beans Fruit Milk	27 Kickin' Chicken Nuggets Cheezits Parmesan Corn Fruit Milk	28 Lasagna Roll Up w/Homemade Meat Sauce Garlic Breadstick Italian Style Summer Squash Fruit Milk	29 Local KC Pizza Crunchy Chips Broccoli Salad Fruit Milk

Two varieties of milk served at each meal service

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