

# Académie Lafayette K-12 October Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chocolate Chip Muffin Top Cheese Stick Fruit Juice Milk	3 Breakfast Casserole Fruit Juice Milk	4 Soft Bagel w/Cream Cheese Fruit Juice Milk	5 Sausage & Cheese Biscuit Fruit Juice Milk	6 Cinnastick Fruit Juice Milk
9 Poptart Cheese Stick Fruit Juice Milk	10 French Toast Sticks Fruit Juice Milk	11 Sweet Cinnastick Fruit Juice Milk	12 Biscuits with Gravy Fruit Juice Milk	13 Donut Yogurt Fruit Juice Milk
16 Muffin/Poptart Seed n Raisin Pack Juice Milk	17 Fruit Filled Pancake Bowl Juice Milk	18 Chewy Breakfast Bar Cheese Stick Fruit Juice Milk	19 Egg n Cheese Croissant Fruit Juice Milk	20 Muffin Top/Cereal Cheese Stick Fruit Juice Milk
23 Honey Bun Yogurt Fruit Juice Milk	24 Biscuit with Sausage Gravy Fruit Juice Milk	25 Soft Bagel w/Cream Cheese Fruit Juice Milk	26 NO SCHOOL	27 NO SCHOOL
30 Chocolate Chip Muffin Top Cheese Stick Fruit Juice Milk	31 Pancakes Sizzling Sausage Link Juice Milk			

Two varieties of milk served at each meal service

This institution is an equal opportunity provider

# Académie Lafayette K-5 October Lunch Menu 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 Crispy Chicken Strips Cheese Stick House Party Potatoes Fruit Milk	3 Westport Flea Market Burger on a WG Bun Sunchips BBQ Baked Beans Fruit Milk	4 Poppin' Chicken Fried Rice Sweet Teriyaki Broccoli Fruit Milk	5 Tuscan Chicken w/Creamy Sauce over Pasta topped w/Toasted Breadcrumbs Richs WG Roll Garlicky Green Beans Fruit Milk	6 Pretzel Dog Creamy Mac n Cheese Soft Caramelized Carrots Fruit Milk
9 Warm Cheesy Breadsticks w/Marinara Parmesan Chicken Bites Crunchy Carrots w/Ranch Fruit Milk	10 El Guapo Taco w/Salsa Mexi Rice Zesty Black Beans Fruit Milk	11 BBQ Chicken on WG Bun Creamy Mac n Cheese Punchin' Peas Fruit Milk	12 Mt. Smokey Meatballs over WG Pasta Garlic Breadstick Italian Cali Blend Fruit Milk	13 Local KC Pizza Crunchy Chips Side Salad w/Cucumbers Fruit Milk
16 Lip-Smackin' Chicken Patty on a WG Bun Mashed Sweet Potatoes Fruit Milk	17 Tasty Burrito w/Picante Sauce Tostito Chips w/Salsa Bad Bandit Beans Fruit Milk	18 Joe's Famous Bowl (Chicken, Cheese, & Corn over Gravy Mashed Potatoes) Roll Fruit Milk	19 Mighty Meatball Grinder Topped w/Cheese Italian Collards Fruit Milk	20 Westport Flea Market Beef Slider Sunchips Creamy Potato Salad Fruit Milk
23 Meaty Sloppy Joes on WG Bun Candied Yams Fruit Milk	24 Bold Beef Nachos w/Salsa Protein Packed Refried Beans Fruit Milk	25 Kickin' Chicken Nuggets Cheezits Parmesan Corn Fruit Milk	26 <b>NO SCHOOL</b>	27 <b>NO SCHOOL</b>
30 Pretzel Dog Creamy Mac n Cheese Soft Caramelized Carrots Fruit Milk	31 Westport Flea Market Burger on a WG Bun Sunchips BBQ Baked Beans Fruit Milk			

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# Académie Lafayette Armour October Lunch Menu 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 Crispy Chicken Strips Cheese Stick House Party Potatoes Fruit Milk	3 Westport Flea Market Burger on a WG Bun Sunchips BBQ Baked Beans Fruit Milk	4 Poppin' Chicken Fried Rice Sweet Teriyaki Broccoli Fruit Milk	5 Tuscan Chicken w/Creamy Sauce over Pasta topped w/Toasted Breadcrumbs Richs WG Roll Garlicky Green Beans Fruit Milk	6 Pretzel Dog Creamy Mac n Cheese Soft Caramelized Carrots Fruit Milk
9 Warm Cheesy Breadsticks w/Marinara Parmesan Chicken Bites Crunchy Carrots w/Ranch Fruit Milk	10 El Guapo Taco w/Salsa Mexi Rice Zesty Black Beans Fruit Milk	11 BBQ Chicken on WG Bun Creamy Mac n Cheese Punchin' Peas Fruit Milk	12 Mt. Smokey Meatballs over WG Pasta Garlic Breadstick Italian Cali Blend Fruit Milk	13 Local KC Pizza Crunchy Chips Side Salad w/Cucumbers Fruit Milk
16 Lip-Smackin' Chicken Patty on a WG Bun Mashed Sweet Potatoes Fruit Milk	17 Tasty Burrito w/Picante Sauce Tostito Chips w/Salsa Bad Bandit Beans Fruit Milk	18 Joe's Famous Bowl (Chicken, Cheese, & Corn over Gravy Mashed Potatoes) Roll Fruit Milk	19 Mighty Meatball Grinder Topped w/Cheese Italian Collards Fruit Milk	20 Westport Flea Market Beef Slider Creamy Potato Salad Fruit Milk
23 Meaty Sloppy Joes on WG Bun Candied Yams Fruit Milk	24 Bold Beef Nachos w/Salsa Protein Packed Refried Beans Fruit Milk	25 Kickin' Chicken Nuggets Cheezits Parmesan Corn Fruit Milk	26 <b>NO SCHOOL</b>	27 <b>NO SCHOOL</b>
30 Pretzel Dog Creamy Mac n Cheese Soft Caramelized Carrots Fruit Milk	31 Westport Flea Market Burger on a WG Bun Sunchips BBQ Baked Beans Fruit Milk			

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