

IT'S TIME TO GET BACK ON TRACK!

Registration is now open on the AL website for the 2026 Académie Lafayette Track & Field (T&F) season for the MS team and 4th-5th graders!

We are coming off of incredible MS Track seasons for both our MS Girls and MS Boys Teams! Both teams were crowned the MO STATE CHAMPIONS in Track and Field for the 3rd year in a row!

COME JOIN US!

[Click here](#) to go to the AL Track & Field Page where you can register, download required forms, and find more detailed information about the season.

Registration CLOSES March 13th for ALL programs!

Don't like to run? We have something for everyone! Come try something new! We have events with throwing, jumping, hurdling, sprinting, middle-long distance running and relays too! No previous experience needed. Actively seeking great diversity and hard workers!

Playing MS Girls Soccer? No problem. We are working in conjunction with Girls MS Soccer to encourage girls to participate in both, if they so choose.

PRACTICES

MS Full Practices begin March 2nd-6th (4:15-5:30)

The first week of MS will focus on conditioning and skill/baseline assessments. During this week, athletes should attend any and all practices for the events that interest them. No experience needed. At the end of the week, we will assign your athlete/s to one of the primary event groups and will provide recommendations for a practice schedule. We ask that our MS athletes attend at least 3 days of practice each week (not to exceed 4 practices weekly).

4th and 5th grade practices will begin March 10.

Our 4th and 5th grade Track Development Program will be held on Tuesdays and Thursdays 5:45pm-6:45pm at the Armour Turf Field (unless otherwise scheduled). Jared Barber will once again serve as our Elementary Head Coach.

Parent Volunteers Needed

Please complete the volunteer portion of the registration form if you would like to help out! Let us know if you might be a match! Let's work hard and have some fun!

Please direct all questions about Middle School Track & Field Programs via email or texting to:

Monica Erdmann
Head Coach, Middle School
Academie Lafayette
Phone: (816) 739-4232
coachmonicaerdmann@gmail.com